

INSIDE THIS ISSUE

UNFPA GCC and Ministry of Education Hold a Breakthrough Workshop on Adolescent Health Education 1

Oman Y-PEERS Take Part in the 3 Days of Activism Campaign 2

Oman Y-PEERS Participate in Khareef Salalah Festival 2017 3

The International Youth Day marked in Oman in a Sporty Open Air Day 4

UNFPA GCC Holds a Joint Press Conference with MoH Oman on World Population Day 5



United Nations Population Fund
Sub-regional Office for the GCC Countries



صندوق الأمم المتحدة للسكان
المكتب شبه الإقليمي لدول مجلس التعاون الخليجي

VOLUME VI, ISSUE III

(JULY - SEPTEMBER 2017)

UNFPA GCC and Ministry of Education Hold a Breakthrough Workshop on Adolescent Health Education



Side of the participants including MoE and MoH staff members

The United Nations Population Fund, Sub-Regional Office for the GCC Countries, and the Ministry of Education represented by the General Directorate of the Educational Programmes, held a 5 days workshop (17-21 September 2017) under the current co-operation framework with the Ministry of Education and Ministry of Health in Oman. The training, which was supported by UNFPA, provided the required skills to the health educators, school nurses and psychological and social specialists at schools to deal with the adolescence phase of life and its physical and psychological implications on young students. The number of attendants were 30 trainees from both Ministry of Education and Ministry of Health, 20 of them were from 5 participating Omani governorates.

The training goals were to introduce the trainees to some adequate methods in order to provide well-tailored health messages to the school students, addressing the issues related to their health and life style. It also provided the required skills to the trainees in order to take decisions regarding adolescents' persistent problems and modalities to boost students' self-confidence and self-reliance. The participants learnt about the required tools to design protective programmes to address adolescents current

psychological, social and physical challenges such as unhealthy life habits, lack of self-esteem, unsafe driving among youth, lack of reliable sexual and reproduce health information and drug abuse...etc.

The trainees learnt more about their roles and how to engage both the society and the family in dealing with adolescents and responding to their needs. They were introduced to the phases and transformations related to adolescence age physically and the concepts and misperceptions associated to this stage of life.

The participants were provided by the 5 adolescents' health education modules offered and developed by UNFPA in collaboration with the Ministry of Health and Ministry of Education, so they are able to transfer and share this knowledge with their counterparts and colleagues at schools in Muscat and in other participating governorates.

The workshop was held at the central training complex of the Ministry of Education in Muscat. The training was widely covered by local media and received great attention from the journalists.

Oman Y-PEERs Take Part in the 3 Days of Activism Campaign



The Y-PEERs at the Raj Yoga Center through the events held under the 3-days of Activism

On 11-13th of July, the Omani Y-PEERs held several events marking the regional three-days of activism campaign which was launched by the Y-PEER International Center for Youth Development (ICYD) at the National Centre for Culture and Arts (NCCA) in Amman, Jordan, in co-operation with UNFPA Arab States. The campaign aimed at promoting the culture of peace through promoting gender equality and addressing gender based violence.

3 events were held in several venues throughout the country. On the first day Y-Peer held "Craft And Connect", where all Y-Peers gathered and shared their opinions, understandings and definitions of peace and reflecting that in art canvas products. 20 art pieces were crafted and each young man and woman expressed in his/her own way of creativity their notions about peace and living in harmony.

The second day of activities took place at Raj Yoga Center for Self-Development in Muscat. More than 30 participants, from Y-Peers and public, joined the activity. The Y-Peers held a meditation session on peace, when they share their vision about the possible ways to avoid and mitigate violence. On the last day, the Y-PEERs held a very inspiring event- a "Poetry Night". It was held at Whispers of Serenity venue. The place was packed with young people,

who shared inspiring poems and quotes about their emotions related to peace and hope for better future.



One of the Y-PEERs using art craft to express his vision about peace

Oman Y-PEERs Participate in Khareef Salalah Festival 2017



Oman Y-PEERs sensitize the public of all ages about healthy life style and benefits of sporting and movement

Under the auspicious of the Ministry of Health in Oman, 10 members of Oman Y-Peers took part in Khareef Salalah festival for this year. Their participation was from 21st to 28th of July. Through their active engagement, they promoted and advocated for physical activity, and encouraged the public to adopt a healthy life style in a pursuit to combat the non-communicable diseases in the country. This initiative came in response to the Ministry of Health (MoH)'s annual strategy to promote physical activity among youth under a campaign launched this year titled 'Khutwa'-i.e. One Step, encouraging people to move and walk even for short time through the day. With the support of the UNFPA GCC, Oman, active Y-Peers conducted educational and fun loaded activities. They handed out brief electronic surveys, in an attempt to support MOH's continuous efforts to promote a healthy lifestyle. During the 8 days participation at the Festival, the Y-Peers managed to target over 180 people providing them with interesting information about this year's campaign initiated by the Ministry. "It was a great experience for all of us and a pleasure to promote UNFPA's mandate to unleash the potentials of young people by encouraging people to adopt a healthy life style and increase their physical activities", said Ms. Asila Al-Harashi, a Y-Peer leader.



The International Youth Day marked in Oman in a Sporty Open Air Day



Y-PEER Oman celebrated the International Youth Day in August by organizing a beach sports day under the auspicious of the Ministry of Sports Affairs and Ministry of Health. This activity The activity came to support The Ministry of Health’s annual campaign of promoting physical activity. The event ran from 4pm until 7pm. The conducted creative sports activities included the water bucket race, rucksack race, hoops race, spin around a cone among other exercises and interesting games. The public expressed their interest in the games and sports circuits set by the Y-PEERs. The event had a total of 42 participants, who signed up to form 16 teams, while some of the participants received awards and medals.



Y-Peers celebrating the International Youth Day

UNFPA GCC Holds a Joint Press Conference with MoH Oman on World Population Day



On 9th of July, UNFPA GCC held a joint press conference with MoH Oman, represented by Dr Fatma Al Hinai, Head of Woman and Child Health Department at the Ministry, to commemorate the World Population Day corresponds to 11th of July each year. This year's message stressed on the importance of birth spacing as a significant practice to ensure women empowerment. "It is important for women all over the world to have access to the needed reproductive health services," said Mr. Asr Toson, UNFPA GCC Representative at the conference. "UNFPA GCC is working closely with the Ministry of Health in Oman as a long term national partner, to promote birth spacing which improves women's health and ensures well-being of their children," he added.

On other hand, Dr. Al Hinai stressed on the positive implications of the continuous cooperation between the Department and UNFPA. "Birth Spacing is an important component of the Ministry's strategy, and UNFPA has been partnering and providing the required technical assistance to guarantee integrated implementation of the birth spacing related work plans," Dr. Al Hinai said. The conference was attended by media professionals from major media outlets working in Oman.





United Nations Population Fund
Sub-regional Office for the GCC Countries

**UNFPA Sub-Regional Office for the
Countries of the Gulf Cooperation Council
(GCC)**

PO Box 1960, PC130

Muscat , Sultanate of Oman

Phone: +968 24496893

Fax: +968 24496381

E-mail: gcc-info@unfpa.org

Web: gcc.unfpa.org

Twitter: [@UNFPAGCC](https://twitter.com/UNFPAGCC)

The United Nations Population Fund: Delivering a world where every pregnancy is wanted, every childbirth is safe and every young person's potential is fulfilled.

UNFPA—Because everyone counts!